## Are you **at risk** for tetanus or diphtheria infections?

yes no

- O O Do you garden or do yard work as a job or hobby?
- O O Do you get cuts or scrapes from ordinary activities—on the job, around the house, or playing sports?
- O Do you ever get splinters or scratches from wood products or branches?
- O O Do you live or work with animals that could bite you, even pets?
- O O Do you plan to visit any other countries?

If you answered "yes" to any of these questions you may be at risk for a potentially fatal disease. There's an easy way to protect yourself: the tetanus-diphtheria booster shot.

Over

Fortunately, there is an easy way to **Protect** yourself without giving up your hobbies, quitting your job, or avoiding foreign travel: a routine Td booster shot every 10 years with a combined tetanus and diphtheria vaccine.

## If you:

- can't remember your last tetanus booster,
- aren't sure you ever had a Td vaccination, or
- are 60 or older,

You may need a Td vaccination now.

See the pharmacist to get your Td Booster shot today. For more information about tetanus and diphtheria, ask your doctor or visit www.nfid.org









This Td campaign was brought to you by the Immunization Action Coalition of Washington, a program of Healthy Mothers, Healthy Babies Coalition of Washington. www.hmhbwa.org/iacw

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